

### Who Should Attend

---

This course is designed for those personnel who are required to use step ladders or ladders in the workplace.

### Course Aim and Content

---

On completion of the course operators will be able to list their responsibilities under the relevant legislation and demonstrate their knowledge

- Health and Safety at Work Act 1974
- Management of the Health and Safety at Work Regulations
- Provision and Use of Work Equipment Regulations 1998
- Working at Height Regulations 2005
- Accident Case Study - Jason Anker
- What are the Hazards
- Risk Assessment and Safe System of Work
- Types of ladder
- Ladder Selection
- Pre use check
- Storage requirements
- Safe siting of ladder
- Maintenance of equipment
- Hierarchy of control measures while working at height
- Rescue plans
- Theoretical Examination
- Practical Examination

### Training and Testing Methods

---

A high proportion of theory and practical exercises, this is followed by a theory test, pre use test and practical test

### Course Accredited by

---

NPORS or Small Training Solutions Certified

