



Who Should Attend

This course is designed for those personnel who are required to operate a counterbalance lift truck with a maximum lifting capacity of 5000kgs.

Course Aim and Content

On completion of the course operators will be able to list their responsibilities under the relevant legislation and demonstrate how to use the equipment safely and efficiently.

- Health and Safety at Work Act 1974
- Management of the Health and Safety at Work Regulations
- Provision and Use of Work Equipment Regulations 1998
- Lifting Operations Lifting Equipment Regulations 1998
- L117: Approved Code of Practice Rider Operated Lift Trucks
- SEMA Code of Practice
- What are the hazards
- Risk Assessment and Safe System of Work
- Pre-Use Checks and Maintenance
- Safe use of attachments and how they re-rate a lift truck
- Operation of the lift truck in a range of scenarios (racking, inclines, loading vehicles, bulk stacking)
- Recharging/Refueling arrangements
- End of shift checks
- Theoretical Examination
- Pre-Use Inspections examination
- Practical Test of Basic Operating Procedures

Training and Testing Methods

A high proportion of both theory and practical exercises, this is followed by three tests of theory knowledge, pre-use test and practical demonstrations.

Course Accredited by

RTITB, NPORS or Small Training Solutions Certified

